NIHCA
National Independent Health Club Association

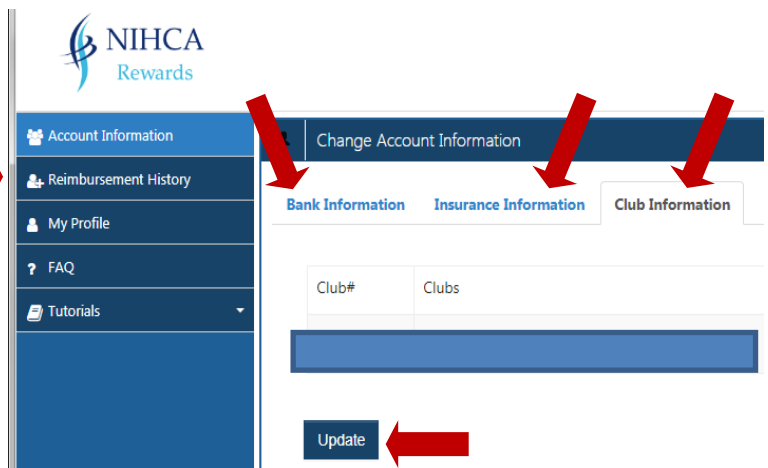# Fitness Incentive Programs Information for
Already Enrolled Members

To access and view your current fitness reimbursement profile, follow the steps below:

1. Go to **NIHCArewards.org** *(Use Google Chrome or Mozilla Firefox)*

2. Go to the second green button called "**MEMBERS Options**"

3. Click **"Already Enrolled"**

   Already Enrolled

4. **IF** you are unable to access your profile, click "F*orgot Password"* or
   "Forgot your email address/invalid email address" and follow the steps.

5. The first screen will display "My Profile" information, including address, DOB, email address and phone number.

6. To view and/or edit any Banking Information, Insurance Information and Club Information click on the Account Information tab on the left (the Account Information tab is shown below).

7. After any changes/edits have been made, the ***Update*** button must be clicked on each page in order to save the changes.

8. Lastly, remember that your fitness facility will submit your workout usage, once a month. You may view your Reimbursement History tab to see the insurance company response and if you will receive the incentive. Expect to see reimbursement into the bank account you authorized, 3-5 business days from the Amount Credited Date listed on the Reimbursement History Tab.

   NIHCA Rewards

   - Account Information
   - Reimbursement History
   - My Profile
   - ? FAQ
   - Tutorials

   Change Account Information

   Bank Information   **Insurance Information**   **Club Information**

Club#	Clubs

   Update

If you have any further questions, please contact Emily at 218-739-4489 ext. 204 at the FF YMCA.

Get Healthy & Get Rewarded!